

**It's not really a mystery.
Clues are easy to find.**

**Babies need to be fed when
they give feeding cues!**

Sucking on tongue, lips or fingers
Moving arms and hands toward mouth
Fussing or fidgeting while sleeping
Turning head side to side
Crying is a late feeding cue



UPMC Pinnacle

UPMCPinnacle.com/Maternity