

SCHEDULING SURGERY

CARDIAC CLASS, PRE-ADMISSION TESTING & SURGERY DATE

CARDIAC CLASS:

DATE: _____ **AT 8:30 am 4th FLOOR BRADY BUILDING.**

In preparation for your upcoming cardiac surgery, we would like to share some information with you about what to expect before surgery, during surgery and your post-op recovery both in the hospital and at home. Classes are conducted by experienced cardiac nurses and we hope that this time will help reduce some of the anxiety you may be experiencing.

Family and friends are invited to attend Cardiac Class. We encourage you to bring someone along.

The class is held in our office on the 4th floor of the Brady Building.

PRE-ADMISSION TESTING:

For your convenience, we have scheduled all of your necessary pre-op testing after this class. You will be escorted to the hospital to have any necessary tests. **Please bring all of your insurance cards with you.** Depending upon the number of tests you need, this may take several hours. Please be prepared to stay into the afternoon if necessary.

SURGERY SCHEDULE:

SURGERY DATE: _____ **SURGEON'S NAME:** _____

We are scheduling your surgery date, **but we cannot guarantee you won't be rescheduled with very short notice.** When a critically ill patient needs urgent or emergent surgery, it may be necessary for us to have to reschedule your date. We realize how distressing this is, but please be reassured if you or your loved one needs emergency surgery, we will clear our schedule for you.

SURGERY INSTRUCTIONS

Surgery Time:

You will receive a call from the Surgical Services staff between 3-7 pm on the last business day prior to your scheduled surgery with the instructions and time you are to report to the Harrisburg Hospital. You may be directed to stop at Patient Registration the morning of your surgery. If you won't be home to receive the call or have not received a call by 6 pm, please call 717-782-3326 or 1-888-782-5678.

Diet:

You may have nothing to eat or drink after midnight the day of your surgery.

Medications:

Continue to take your regular medications up until the day before surgery except as follows:

- Aspirin (Ecotrin®): If you take 325 mg daily, decrease the dosage to 81 mg daily
- Plavix®, Effient®, Prasugrel®: Stop 5 days prior to surgery. Take last dose on : _____
- Warfarin (Coumadin®), Pradaxa®: Stop 5 days prior to surgery. Take last dose on: _____
- Methotrexate: Stop 2-4 weeks prior to surgery. Take last dose on: _____
- Ace Inhibitors (Lisinopril®, Ramapril®, Quinapril®, Altace®, Zestril®, Enalapril®)
Stop 5 days prior to surgery. Take last dose on: _____
- Discontinue all multi-vitamins, vitamin supplements, fish oil, and herbal medications now.
- If taking Lantus® or Levemir® at bedtime, take half the dose the evening before surgery and none the morning of surgery.
- Take beta blocker, Metoprolol 25 mg by mouth, the evening prior to surgery (prescription given).
- Take usual dose of beta blocker _____ with a small sip of water the morning the surgery.

Other:

- If you are having valve surgery, we must have a note from your dentist stating that your dental work is up to date and you are cleared for surgery. Please have your dentist fax this letter to 717-231-8698.
- If you develop a cold, rash, or fever (any sign of infection) within 7 days of surgery, call our office at 717-231-8555.
- Remove all jewelry including your wedding ring prior to your arrival at the hospital. Do not wear nail polish or makeup on the day of surgery.
- Women should bring two (2) clean wireless supportive bras along to the hospital to wear after surgery.
- If you are smoking or chewing tobacco, you must stop immediately.

DON'T HESITATE TO CALL US AT 717-231-8555 WITH ANY QUESTIONS.