

# UPMC Adult Spina Bifida Clinic

The only one of its kind in the region, the UPMC Adult Spina Bifida Clinic combines a variety of specialties to provide comprehensive, up-to-date care for adult patients. Our physical medicine and rehabilitation experts partner with urologists, neurosurgeons, and other specialty providers to provide coordinated care.

The UPMC Adult Spina Bifida Clinic provides coordinated care among several departments in an effort to create a successful patient experience. Our program is a collaborative effort among physical medicine and rehabilitation, neurosurgery, and urology. Learn more about what makes our program unique and effective.



## UPMC Department of Physical Medicine and Rehabilitation

1400 Locust Street  
Building D, Suite G103  
Pittsburgh, PA 15219  
412-232-8902

[UPMC.com/SpinaBifida](https://www.upmc.com/SpinaBifida)



# UPMC Adult Spina Bifida Clinic

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## Physical Medicine and Rehabilitation

### Our Team



Brad Dicianno, MD  
*Director*



Darcie Ilg, PA-C



Andrea Knapp,  
BSN, RN



Sara Izzo  
*Research Associate  
and Peer Counselor*



Dan McCoy,  
ACE-CPT  
*Personal Trainer*



Jacquelyn Klunk,  
MS, RDN, LDN  
*Dietitian*



Lisa D. Stanford, PhD, ABPP  
*Vice Chair for Neuropsychology  
and Rehabilitation Psychology*

### Our Services

- Neurological, muscular, and functional evaluations
- Evaluations for bracing and equipment needs in conjunction with an orthotist
- Health and wellness needs in conjunction with a personal trainer and dietitian
- Treatments for neurogenic bowel and bladder
- Advice on sexual dysfunction
- Referrals to orthopaedic surgeons, wound care, lymphedema therapy, and other specialists
- Neuropsychology
- Rehabilitation psychology

## Urology

### Our Team



Paul Rusilko, DO  
*Trauma and Reconstructive Urology*

### Our Services

- Management of neurogenic bladder
- Management of kidney and bladder stones
- Management of urinary tract infections
- Urodynamics

## Neurosurgery

### Our Team



David L. Kaufmann, MD



Suzan Semroc, PA-C

### Our Services

- Shunt revision
- Chiari decompression
- Spinal cord detethering

## Financial Assistance

The UPMC Adult Spina Bifida Clinic is funded by the Pennsylvania Department of Health, Bureau of Family Health, and offers financial assistance for those who qualify.

## Appointments

Call **412-232-8902** to make an appointment at the Adult Spina Bifida Clinic at UPMC Mercy

**UPMC.com/SpinaBifida.**

