

Heart Health 2016



Heart Health News



Heart Health & Stroke Risk: What's the Link?

Both heart disease and stroke are leading causes of death in the United States, but in many cases, both are preventable. Find out about the link between heart health and brain health, your risk factors, and what you can do to keep your risks low. [Read More](#)

May is National Stroke Awareness Month - [Learn More!](#)

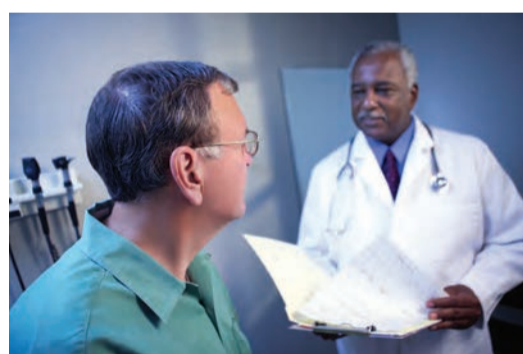


Women & Heart Disease: Know the Signs

Think heart disease is a man's problem? Think again. Coronary heart disease is the number one killer of women, affecting about one in three women each year. Find out about the signs and symptoms of heart disease in women, and when you should talk to your doctor. [Read More](#)

Heart Screenings for Men

Many men overlook an important step in healthy living: having a regular check-up at the doctor. Find out about how regular checkups can keep your heart on track, and what screenings you need as you get older. [Read More](#)



Heart and Vascular Notes

- ▶ [Condition Spotlight: Coronary Artery Disease](#)
- ▶ [Patient Story: Lynn Rutter](#)
- ▶ [Video Spotlight: Deep Vein Thrombosis](#)
- ▶ [Heart-Healthy Recipe: Sweet Potato Nachos](#)