

**Prevention Education, Addiction Medicine Services,
WPIC-UPMC
SAP Group Facilitator's Training**

AGENDA

8:00 Registration and Continental Breakfast

8:15 Opening Activity, Introductions & Pretest
Basic Mechanics of School Based Groups

- Purpose
- Education groups versus therapy groups
- Legal considerations
- Ethical issues and confidentiality
- Preparation – parent consent and student assent
- Selecting group facilitators

10:30 Break

10:45 Reconvene

Group Development

- Group rules
- Monitoring group dynamics
- Selecting a topic area
- Using evidence based curricula or best practice normed curricula

Important Considerations

- Scheduling
- Selecting participants
- Setting goals
- Creating pre-post tests
- Confidentiality agreements
- Establishing consequences

Effective Facilitation

- Characteristics of effective group facilitators
- Effective co-facilitation
- Dealing with types of students – shyness and the “under sharer,” boisterous and the “over sharer,” aggressive and the “actors out”
- Clinical backup and those requiring more than education
- Debriefing between sessions
- Evaluating the group

12:00 Lunch (provided)

12:45 Reconvene – buffer time

2:00 Break

2:15 Creating a School Based Education Group
Design Curriculum
Resources to consider
Closing Activity & PostTest