



Crisis Training Institute

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UPMC Class and Events Online Registration
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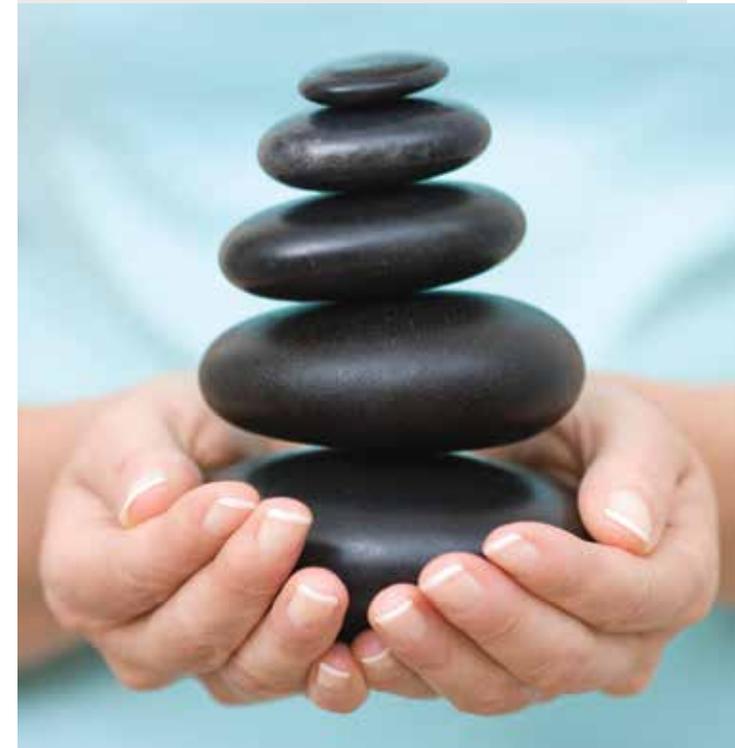
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Crisis Training Institute

If you are interested in crisis training services and do not see a training here that meets your needs, please feel free to contact us to discuss other training opportunities. We are happy to help!

Crisis Training Institute

Programs and consulting services in crisis prevention and intervention.



About the Crisis Training Institute

The Crisis Training Institute of UPMC Western Psychiatric Hospital (CTI) provides a wide range of programs and consulting services in crisis prevention, intervention, and postvention, including suicide intervention and stress management following sentinel events. These training programs help individuals across any variety of disciplines perform effectively in crisis-related situations.

Crisis Training Institute Programs:

- Address the impact of traumatic stress
- Improve team effectiveness and cohesion
- Effectively and safely manage challenging behaviors
- Employ use of least-restrictive approaches to decrease injuries and reduce the need for more restrictive measures
- Support the health and safety of both staff and individuals receiving care
- Expand disaster response capabilities
- Enhance education surrounding suicide intervention

Our programs are currently being used in many settings, including mental health services, schools, medical facilities, substance abuse treatment, nursing homes, group homes, security organizations, response teams, and long-term treatment facilities.

All trainings are offered by the Crisis Training Institute, part of UPMC Western Psychiatric Hospital. Trainings can be delivered at your site or hosted at our Pittsburgh location. Please contact us for pricing.



Current Trainings

Comprehensive Crisis Management Program (CCM)

Developed by UPMC Western Psychiatric Hospital, CCM is an eight-hour program designed to give staff the knowledge and skills needed to interact with someone in crisis or exhibiting challenging behaviors. This program aids staff in both verbal and physical intervention.

The CCM Basic Program consists of two components: Lecture and discussion focuses on increasing staff understanding of basic human behavior and psychology to provide effective strategies for prevention of and intervention with challenging behaviors. The physical demonstration and practice component teaches interventions for movement, escape, and emergency situations developed to maintain the safety of all involved.

This training has a Train-the-Trainer model, or CTI can provide trainers at your site.

Applied Suicide Intervention Skills Training (ASIST)

Suicide can be prevented with the help of prepared caregivers. Developed by LivingWorks, ASIST is a two-day workshop designed as a complete model for suicide first-aid. This model provides a structured, collaborative approach with specific phases and tasks. The workshop will enhance caregiver skills to intervene until either the immediate risk of suicide is reduced or additional resources can be located. It is an interactive, intensive, and practice-dominated course to help any person in a position of trust become more ready, willing, and able to recognize risk and then intervene to prevent the immediate risk of suicide.

Critical Incident Stress Management (CISM)

Assisting Individuals in Crisis, and Group Crisis Intervention

CISM is designed to present the core elements of a comprehensive, systematic, and multi-component method of response following a sentinel event. This three-day course, developed by the International Critical Incident Stress Foundation, prepares participants to intervene using a variety of models to meet the unique needs of both individuals and groups after a serious event has occurred. After this course, participants will be able to identify stress, mitigate its reactions, and aid individuals in starting the process of recovery.

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For more information about us or any of our training programs, visit www.upmc.com/crisistraining.