UPMC 2022 Monthly Resident/Fellow Staff Member Contributions

Medical

<table>
<thead>
<tr>
<th>Plan</th>
<th>Full-Time Employee</th>
<th>Full-Time Employee &amp; Child/Children</th>
<th>Full-Time Employee &amp; Spouse</th>
<th>Full-Time Employee &amp; Family</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advantage</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
</tr>
<tr>
<td>Extended Network Gold*</td>
<td>$17.00</td>
<td>$32.00</td>
<td>$44.00</td>
<td>$47.00</td>
</tr>
</tbody>
</table>

*The Extended Network medical option is only available to those employees living in excess of 30 miles outside of the UPMC Advantage Network. Please refer to your enrollment for eligibility.

Vision

<table>
<thead>
<tr>
<th>Plan</th>
<th>Full-Time Employee</th>
<th>Full-Time Employee &amp; Child/Children</th>
<th>Full-Time Employee &amp; Spouse</th>
<th>Full-Time Employee &amp; Family</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic Plus</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
</tr>
<tr>
<td>Premier Plus</td>
<td>$8.21</td>
<td>$10.45</td>
<td>$12.44</td>
<td>$16.06</td>
</tr>
</tbody>
</table>

Dental

<table>
<thead>
<tr>
<th>Plan</th>
<th>Full-Time Employee</th>
<th>Full-Time Employee &amp; Child/Children</th>
<th>Full-Time Employee &amp; Spouse</th>
<th>Full-Time Employee &amp; Family</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard</td>
<td>$0.00</td>
<td>$53.50</td>
<td>$35.50</td>
<td>$53.50</td>
</tr>
<tr>
<td>Premium</td>
<td>$22.00</td>
<td>$69.00</td>
<td>$69.00</td>
<td>$69.00</td>
</tr>
</tbody>
</table>

Supplemental Life and Accidental Death & Dismemberment

<table>
<thead>
<tr>
<th>Plan</th>
<th>Supplemental Employee Life (Per $1,000 of coverage)</th>
<th>Supplemental Spouse/Domestic Partner Life (Per $1,000 of coverage)</th>
<th>Supplemental Employee AD&amp;D</th>
<th>Supplemental Spouse/Domestic Partner AD&amp;D</th>
<th>Supplemental Child Life &amp; AD&amp;D</th>
<th>$14 per $10,000 of coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cigna</td>
<td>$0.047</td>
<td>$0.036</td>
<td>$0.086</td>
<td>$0.036</td>
<td>$0.075</td>
<td>$0.015</td>
</tr>
<tr>
<td>Under age 50</td>
<td>$0.047</td>
<td>$0.036</td>
<td>$0.086</td>
<td>$0.036</td>
<td>$0.075</td>
<td>$0.015</td>
</tr>
<tr>
<td>Age 51-59</td>
<td>$0.094</td>
<td>$0.075</td>
<td>$0.132</td>
<td>$0.075</td>
<td>$0.157</td>
<td>$0.022</td>
</tr>
<tr>
<td>Age 45-49</td>
<td>$0.141</td>
<td>$0.197</td>
<td>$0.254</td>
<td>$0.197</td>
<td>$0.273</td>
<td>$0.029</td>
</tr>
<tr>
<td>Age 50-54</td>
<td>$0.254</td>
<td>$0.337</td>
<td>$0.484</td>
<td>$0.337</td>
<td>$0.564</td>
<td>$0.034</td>
</tr>
<tr>
<td>Age 55-59</td>
<td>$0.404</td>
<td>$0.564</td>
<td>$0.802</td>
<td>$0.564</td>
<td>$1.260</td>
<td>$0.053</td>
</tr>
<tr>
<td>Age 60-64</td>
<td>$0.802</td>
<td>$1.260</td>
<td>$1.918</td>
<td>$1.260</td>
<td>$3.270</td>
<td>$0.077</td>
</tr>
<tr>
<td>Age 65-69</td>
<td>$9.02</td>
<td>$2.670</td>
<td>$2.670</td>
<td>$2.670</td>
<td>$5.340</td>
<td>$0.154</td>
</tr>
<tr>
<td>Age 70+</td>
<td>$1.918</td>
<td>$2.670</td>
<td>$2.670</td>
<td>$2.670</td>
<td>$5.340</td>
<td>$0.154</td>
</tr>
</tbody>
</table>

Transgender Member Services

UPMC Health Plan provides extra support to our members in the transgender community. We help them fully understand their benefits and access care that best meets their needs—and from providers who will treat them with dignity and respect so these members can live their healthiest lives. Specialized training on UPMC Health Plan’s dedicated Member Services team for transgender members ensures that members feel safe and comfortable asking questions about transgender coverage and related issues. The team also provides referrals to community resources. We encourage those interested in learning more about transgender coverage to call 1-844-202-0126 (TTY: 711).

Translation Services

UPMC Health Plan is firmly committed to meeting the linguistic needs of members from increasingly diverse backgrounds by ensuring that all members can access vital documents in a way they can understand. We provide oral interpretation and written translation services in the requested language on an individual basis to meet the needs of each member. Further, UPMC Health Plan provides vital documents translated into the member’s prevalent language. To learn more, call 1-844-833-0524 (TTY: 711).

Benefits Overview

As part of your Total Rewards, UPMC offers a wide variety of comprehensive benefits for you and your eligible dependents (legally married spouse/qualified domestic partner, and dependent children up to age 26). These benefits are designed to help you further your education, protect you financially, improve your health, and help you prepare for retirement. Benefits generally are effective on your date of hire, provided you complete your online enrollment within 30 days.

Medical Coverage

UPMC Advantage Gold medical coverage through UPMC Health Plan is available to you and your eligible dependents with no contributions. The Advantage Network is a home-host network consisting of hospitals and facilities owned by or affiliated with UPMC. Utilizing these hospitals and facilities ensures you receive the highest level of benefits. You may choose from any doctor who participates in the UPMC Health Plan provider network. Those living outside the Advantage Network area are offered the UPMC Extended Network Gold medical option. This plan provides the same benefits as the Advantage Gold, but uses the Cigna PPO and SuperMed (in Ohio only) Networks.

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UPMC Vision Care

UPMC Health Plan

Advantage

Coverage

Premium

Copay

Services

Transcript

Graduate Medical Education Residents and Fellows

GOLD

UPMC Advantage Gold

Deductible*

Coinsurance

Out-of-Pocket Maximum*

Services

Copay

Prescription

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*The Deductible and Out-of-Pocket Maximums shown assume the maximum Take a Healthy Step requirements have been met, resulting in a deductible credit of $1,000 for individual and $2,000 for family coverage.
MyHealth
All physicians have the opportunity and are strongly encouraged to participate in UPMC’s well-being program, MyHealth.

Important deductible credit note: UPMC medical coverage includes a deductible for services such as hospital stays and lab work. If you participate in MyHealth and complete all the Take a Healthy Step (TAHS) requirements, you will receive the maximum $1,000 individual/$2,000 family deductible credit.

Vision Options
The UPMC Vision Care Basic Plus and Premier Plus options are administered through National Vision Administrators (NVA). Basic Plus Vision is offered with no contribution and Premier Plus Vision is available at a minimal cost. Choose from in-network providers for the greatest benefit; an out-of-network benefit is also included. Basic Plus Vision coverage provides one exam and frames with lenses or contacts every 24 months for adults age 21 and over. Dependents under age 21 are eligible for an exam and lenses once every 12 months and frames every 24 months.

Premier Plus Vision
This option provides an eye exam, and contact lenses or glasses once every 12 months. The frame allowance is $150. Certain additional lens options are covered at 100% when received from a participating provider.

Dental Options
Dental coverage is offered through UPMC Dental Advantage. Individual Employee only Standard Dental is provided at no cost. All other options require a contribution.

COVERAGE SERVICES | PREMIUM DENTAL PPO | STANDARD DENTAL PPO
--- | --- | ---
In-Network | Out-of-Network | In-Network | Out-of-Network
Annual deductible | $0 | $50 | $50 | $100
Diagnostic/ preventive services** | 100% | 80% | 100% | 80%
Basic services | 80% | 60% | 60% | 40%
Major services | 50% | 40% | 40% | 20%
Calendar year maximum** | $1,500 | $1,500 | $1,000 | $500
Orthodontia (child only) | 50% | 50% | 50% | 50%
Lifetime orthodontia maximum | $1,500 | $1,500 | $1,000 | $1,000

*Deductible waived for in-network preventive/diagnostic services.
**Cost of diagnostic and preventive services do not count toward calendar year maximums.

Convenience percentages apply only after the annual deductible has been met.

Life Insurance
To help protect your income in the event of an unforeseen illness or injury, short-term disability (STD) and long-term disability (LTD) are provided to you at no cost.

STD LTD
Benefits begin 1st day* 181st day**
Duration Up to 26 weeks Up to age 65***
Basic coverage (UPMC pays) 100% of salary 60% of salary
Maximum No limit $1,500 per month

*Must be actively employed when the disability begins.
**May extend beyond age 65 if disability began at or after age 60.
***May extend beyond age 65 if disability began at or after age 60.

UPMCMEP Qualified Scholarship Program
Residents or fellows who are candidates for a graduate degree or approved certificate program or academic courses for credit at the University of Pittsburgh or Carnegie Mellon University (CMU), as a required part of their UPMCMEP-approved graduate medical training program, may be eligible for non-taxable qualified scholarship monies as outlined in the Qualified Scholarship Policy. Please refer to the UPMCMEP Qualified Scholarship Policy for complete details.

Tuition Assistance
Residents/fellows may receive a $6,000 benefit per academic calendar year. After one year of employment, your dependent children can receive up to $6,000, and your spouse/domestic partner up to $2,000 per academic calendar year at specific schools.

UPMC Perks
UPMC Perks is a discount program which allows you to save money on merchandise, recreation, and services just for being a UPMC resident or fellow. Tuition loan refinancing is also available at SoFi.com/UPMC.

Paid Parental Leave
UPMC encourages and supports bonding by providing assistance to those who become new parents through the birth, adoption or foster care placement of a child by offering Paid Parental Leave to both new mothers and fathers. This leave is paid at 100% of base salary up to a maximum of two weeks (10 days) for full-time physicians.