

# PHYSICIAN NEWSBRIEFS

Provider News & Information  
from UPMC Susquehanna

May/June 2019

## PLEASE WELCOME NEW PROVIDERS



**Abdalla M. Sholi, MD**, medical oncology/hematology, joined UPMC Susquehanna as the new regional medical director for oncology. Dr. Sholi will oversee the UPMC Hillman Cancer Centers in Williamsport and in Wellsboro, as well as UPMC Cole Patterson Cancer Center in Coudersport. Dr. Sholi received his medical degree from the University of Jordan in Amman, Jordan, and completed residencies in primary care and internal medicine at Scranton-Temple Residency Program, Scranton, PA. Dr. Sholi completed fellowship training in hematology and medical oncology at the Medical College of Wisconsin, Wauwatosa, WI. Dr. Sholi will see patients at UPMC Hillman Cancer Center in Williamsport, 1100 Grampian Boulevard Williamsport. For more information, or to refer a patient, call 570-326-8470.



**Olamide Kolade, MD, MPH**, OB/GYN, joined Susquehanna Health OB/GYN in Williamsport. Dr. Kolade received his masters degree in Global Public Health from New York University, New York. He received his Bachelor of Medicine, Bachelor of Surgery from the University of Ibadan, Nigeria. He completed his residency at Lincoln Medical and Mental Health Center, New York and is board-certified by the American Board of Obstetrics and Gynecology. Dr. Kolade will see patients at 740 High Street, Suite 1004, Williamsport. To refer a patient, call 570-321-3300.



**Scott A. Segel, MD, FACE**, endocrinology, joined UPMC Susquehanna, in Williamsport. Dr. Segel earned his medical degree from Wayne State University School of Medicine, Detroit, Michigan. He completed his residency in internal medicine at Northwestern University Hospitals, Chicago, Illinois and was fellowship trained in endocrinology, diabetes and metabolism at Washington University School of Medicine, St. Louis, Missouri. Dr. Segel is board-certified by the American Board of Internal Medicine. Dr. Segel will see patients at 1100 Grampian Boulevard, 3rd Floor, Williamsport. To refer a patient, call 570-320-7848



**Ihuoma Nwogu, MD, MPH**, occupational medicine, joined The WorkCenter in Williamsport. Dr. Nwogu earned her masters degree in public health from Johns Hopkins Bloomberg School of Public Health, Baltimore, MD. She received her medical degree from the University of Nigeria Faculty of Medicine, Nigeria. Dr. Nwogu is board-certified by the American Board of Family Medicine. The WorkCenter is located at 1100 Grampian Boulevard, Williamsport. For more information, or to refer a patient, call 570-320-7444.

## New Clinics in Williamsport Evaluate Liver and Kidney Transplant Patients

There are close to 14,000 people in the U.S. currently on the liver transplant waiting list, and around 25 percent of those on that list will succumb to their disease before receiving a life-saving transplant. Equally alarming, close to 26 million people in the United States suffer from kidney disease and over 100,000 are on the waiting list for a transplant.

Now, residents of northcentral Pennsylvania with end-stage liver and kidney disease have the option to receive transplant evaluation and care locally with the opening of the UPMC Kidney and Liver Transplant Evaluation Clinic.

### Liver Transplant

UPMC Susquehanna is the only health system in the region offering patients access to the living donor program for liver transplant. Through living donation, UPMC transplant surgeons have saved the lives of hundreds of patients. The clinic at UPMC Susquehanna offers a range of pre-liver transplant evaluation services, including:

- Blood tests
- Diagnostic tests
- Radiology and diagnostic imaging services
- Consults and exams
- Ongoing education

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The clinic is led by **Swaytha Ganesh, MD**, medical director, UPMC Living Donor Program, Thomas E. Starzl Transplantation Institute, who sees patients in Williamsport.

The Liver Transplant Evaluation Clinic provides transplant evaluations and information about living-donor liver transplants for patients with chronic liver disease. Working closely with Dr. Ganesh, **Puneet Basi, MD**, hepatologist and gastroenterologist from UPMC Susquehanna, is the primary physician managing chronic liver disease patients in the northcentral region for UPMC.

### **Kidney Transplant**

The kidney clinic at UPMC Susquehanna offers a range of pre-kidney transplant evaluation services, including:

- Blood tests
- Diagnostic tests
- Radiology and diagnostic imaging services
- Ongoing education

The clinic provides transplant evaluations and information about living-donor kidney transplants for patients with kidney disease. UPMC works closely with Sam Stea, MD, nephrologist from West Branch Nephrology Associates, Ltd.

### **Living Donation**

During a living-donor liver transplant, a healthy living person either donates one of their kidneys or has a piece of their healthy liver removed and transplanted into another person to replace an unhealthy liver. These transplants are possible because people can live full lives with one healthy kidney, as well as because of the liver's unique ability to regenerate, or regrow.

Living-donor transplant provides a viable alternative to the waiting list, with improved outcomes compared with deceased-donor transplants. Living-donor transplants offer potentially lifesaving benefits, including:

- Little or no wait time
- Quicker recovery time
- Improved long-term outcomes
- Reduced wait list mortality

For more information about the UPMC Liver Transplant Evaluation Clinic at UPMC Susquehanna, please call 1-844-UPMC-LIVER or visit **UPMC.com/LiverTransplant**.

For more information about the UPMC Kidney Transplant Evaluation Clinic at UPMC Susquehanna, please call 1-877-640-6746 or visit **UPMC.com/KidneyTransplant**.

## **Important Information About Measles**

A patient recently visited the UPMC Shadyside Emergency Department who was confirmed positive for measles. As soon as measles is suspected, infection control protocols were implemented, and state and local public health officials were notified. While this case appears to have been isolated and is believed to have been contained, all staff should remain vigilant in light of this and other recent measles and mumps cases nationwide.

### **Know the Symptoms**

Keep the following symptoms in mind before ordering a test for measles or mumps.

- Measles is an acute viral respiratory illness
- High fever
- Cough
- Runny nose
- Pink eye
- Spots in the mouth, usually preceding the skin rash
- Rash, usually appearing approximately 14 days after exposure and several days after other symptoms

Mumps is also an acute viral illness, and symptoms may include:

- Low-grade fever
- Aches, including headaches
- Loss of appetite
- Fatigue
- Swelling of the salivary glands below and in front of the ears, usually appearing several days after other symptoms

If you are caring for a patient who has symptoms of an upper respiratory infection, wear a mask while completing your examination. Ask the patient to wear a mask in all public spaces and while in the outpatient clinic.

## **Practices on the move**

Susquehanna Health Medical Group rotating specialist providers in Wellsboro (**R. Clifford Mihail, MD**, ENT; **Joseph Bering, Jr, MD**, cardiology; and **Saadullah Khan, MD**, colorectal services/gastroenterology) will be seeing patients at a new location at **15 Meade Street, Suite U4 in Wellsboro**.

SH Foot & Ankle at UPMC Susquehanna Soldiers + Sailors (**Richard Conley, MS, DPM** and **Stephanie Florence, DPM**) will relocate to **Pine Creek Medical Center, 103 West Ave., Wellsboro**. For more information or to refer a patient, call 570-784-5297.

## Health Care You Can Count On

If there's one constant in health care, it's change. UPMC's investment in northcentral Pennsylvania has brought positive change to our region including new highly specialized services, and leading-edge technology to treat the most complicated injuries and advanced diseases. However, even positive change can cause confusion.

UPMC Susquehanna and UPMC Cole continue to accept most major insurance plans including Geisinger Health Plan, Highmark Blue Cross Blue Shield, and UPMC Health Plan for all services. Changes in the agreement between Highmark and UPMC in the greater Pittsburgh and Erie areas do not affect the relationship between UPMC Susquehanna and Highmark. UPMC hospitals and outpatient clinics in Williamsport and in the surrounding areas of Muncy, Lock Haven, Sunbury, Wellsboro, and Coudersport will continue to be in-network for Highmark Blue Cross Blue Shield members.

To learn more about full, in-network access to UPMC doctors and hospitals, call our toll-free help line at 1-833-879-5015, or visit [UPMCSusquehanna.org/Insurance](http://UPMCSusquehanna.org/Insurance).

## Get Smart About Antibiotic Resistance

According to the Centers for Disease Control and Prevention (CDC), antibiotic resistance is possibly the most important infectious disease threat we face.

While antibiotics are the most important tool we have to combat life-threatening bacterial diseases, overuse of antibiotics can have dire side effects with global implications. Studies indicate that 30 to 50 percent of antibiotics prescribed in hospitals are unnecessary or inappropriate.

Antibiotic overuse increases the development of drug-resistant germs, which can lead to a rise in so-called superbugs. More than 2 million Americans get infections that are antibiotic-resistant every year, and at least 23,000 people die as a result.

The single most important action to help prevent these deaths and superbugs is to improve how antibiotics are prescribed and used.

Together, as health care providers, hospital administrators, and as patients, we must work together to use effective strategies for improving effective and necessary antibiotic use — ultimately improving medical care and saving lives.

## Clean Hands, Safe Patients

Handwashing is key for staying healthy and keeping our patients safe. Proper handwashing technique is easy, just remember these four tips.

### 1. Sing "Happy Birthday" while you wash.

Wash your hands for at least 15 seconds, or sing "Happy Birthday" twice.

### 2. Sometimes hand sanitizer won't cut it.

There are a few situations in which hand sanitizer can't replace soap and water. You must wash your hands if your hands are visibly dirty, after using the bathroom, or after caring for a patient who may have *Clostridium difficile* (C. diff) or norovirus.

### 3. Gloves are not an alternative.

Gloves are not a good replacement for handwashing. Even if you are wearing gloves, you always need to wash your hands before putting them on and after removing them.

### 4. Practice hand hygiene when it matters most.

The World Health Organization defines five moments as the most critical for hand hygiene:

- Before touching a patient.
- After touching a patient.
- Before a clean or aseptic procedure.
- After a body fluid risk.
- After touching patient surroundings.

## Specialty Access

Our providers in neurology, pain management, orthopaedics, behavioral health, plastic and reconstructive surgery and general surgery help us continue our proactive approach to improved access to care. Call today for the earliest available appointments for your patients.

**Orthopaedics** - 570-321-2020

**Neurology** - 570-321-2820

### Pain Management

Williamsport - 570-326-8457

Lock Haven - 570-893-5437

### General Surgery

Williamsport - 570-321-3760

Lock Haven - 570-769-1300

Muncy - 570-546-4185

Wellsboro - 570-723-0716

Sunbury - 570-286-3584

### Behavioral Health

Lock Haven - 570-320-7525

### Plastic and Reconstructive Surgery

Williamsport - 570-326-8005

## PHYSICIAN LIAISONS



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Central/Western Lycoming, Centre, Clinton, Tioga, Potter, Bradford, and Sullivan Counties.

### UPMC SUSQUEHANNA ACCEPTS MAJOR INSURANCES

UPMC accepts most major health insurances at all of our hospitals and physician offices including Geisinger Health Plan, Highmark, UPMC Health Plan, and more.

# UPMC Susquehanna

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Williamsport, PA

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