

# PHYSICIAN NEWSBRIEFS

Provider News & Information  
from UPMC Susquehanna

March/April 2019

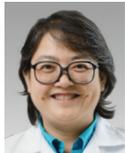
## PLEASE WELCOME NEW PROVIDERS



**James Bland, MD, ear, nose and throat specialist,** joined Susquehanna ENT Bloomsburg. Dr. Bland received his medical degree from West Virginia University School of Medicine. He completed a surgical internship at Chicago Wesley Memorial Hospital and his residency at Northwestern University School of Medicine in Otolaryngology and Maxillofacial Surgery. Dr. Bland is a diplomat of the American Board of Otolaryngology, a member of the American Academy of Otolaryngology/Head and Neck Surgery, and a Fellow of the American College of Surgeons. Susquehanna ENT Bloomsburg is located at 6850 Lows Rd., Suite 320. To refer a patient, call 570-387-4368.

**Wenzhuan He, MD, neurologist,** joined the Neuroscience Center in Williamsport. Dr. He received his medical degree from Beijing Medical University. Dr. He completed his neurological residency at Rutgers New Jersey Medical School and is board-certified by the American Board of Psychiatry and Neurology for neurology and clinical neurophysiology, and the American Board of Electrodiagnostic Medicine. The Neuroscience Center is located at 700 High Street, third floor, Williamsport. To refer a patient, call 570-321-2820.

**Rachael Wang, MD, neurologist,** joined the Neuroscience Center, Williamsport. Dr. Wang received her medical doctor degree from Peking University, Health Science Center. Dr. Wang completed her neurological residency at Rutgers New Jersey Medical School and is board-certified with the American Board of Psychiatry and Neurology for neurology. The Neuroscience Center is located at 700 High Street, third floor, Williamsport. To refer a patient, call 570-321-2820.



**Nitin Kumar, MD, pediatrician,** joined the pediatrics team at UPMC Cole. Dr. Kumar earned his medical degree at King George's Medical University, India, and he completed his residency in pediatrics at Case Western Medical University - MetroHealth Medical Center, Cleveland, Ohio. Dr. Kumar is a member of American Academy of Pediatrics. Dr. Kumar will see patients at UPMC Cole, 1001 E. 2nd St., Coudersport, as well as the UPMC Cole Port Allegany Community Health Center, 45 Pine St., Port Allegany. For more information call 814-274-9198 for the Coudersport office and 814-642-7205 for the Port Allegany Community Health Center.



**Boris Gabinskiy, MD, internal medicine,** joined Internal Medicine at Wellsboro. Dr. Gabinskiy received his medical degree from the Tashkent Medical institute, Tashkent, Uzbekistan. He completed his residency in obstetrics and gynecology at the City Maternity House #4, Tashkent, Uzbekistan. He is board-certified in family medicine. Dr. Gabinskiy sees patients at Internal Medicine at Wellsboro, 103 West Ave., Wellsboro. To contact Dr. Gabinskiy, call 570-724-3744.

## Celebrating National Doctors' Day

**March 30** was National Doctors' Day, a day dedicated to recognizing the contributions of those who have devoted their careers to the care of patients, and to the advancement of medicine.

The care our medical staff provides to patients is the foundation of our hospitals. You are innovators participating in the most dynamic and demanding evolutions health care has ever seen.

It is thanks to your hard work, compassion, personal commitment, and hours of sacrifice that we are able to elevate care to new heights. You make sure patients, families, visitors, and staff members receive the best experience at UPMC Susquehanna, every day. Thank you for all you do.

## New Neurosurgery Outreach Locations

Appointments are now available in Bloomsburg, Lewisburg, Lock Haven and Williamsport

Knowing that access and travel can be concerning for patients, UPMC Susquehanna neurosurgeons Georgios Klironomos, MD, MSc, PhD, and Philip Hlavac, MD, have extended their outreach, adding convenient appointments in Bloomsburg, Lewisburg and Lock Haven.



**Dr. Hlavac** specializes in trauma, minimally invasive surgery, and complex spinal surgery, and is now seeing patients at The Stanley Center, 6850 Lows Rd. Suite #325, Bloomsburg.



**Dr. Klironomos** specializes in cranial and skull base procedures, endoscopic surgery, brain tumors, traumatic brain injuries, and brain aneurysms, and is seeing patients at 260 Reitz Blvd., Lewisburg and at the UPMC Outpatient Center, 1 Outlet Lane.

For more information or to refer a patient to these outreach locations, call 570-321-2820.

## Health Care You Can Count On

If there's one constant in health care, it's change. UPMC's investment in northcentral Pennsylvania has brought positive change to our region including new highly specialized services, hundreds of new providers, and leading-edge technology to treat the most complicated injuries and advanced diseases. However, even positive change can cause confusion.

UPMC Susquehanna and UPMC Cole continue to accept most major insurance plans including Geisinger Health Plan, Highmark Blue Cross Blue Shield, and UPMC Health Plan for all services. Changes in the agreement between Highmark and UPMC in the greater Pittsburgh and Erie areas do not affect the relationship between UPMC Susquehanna and Highmark. UPMC hospitals and outpatient clinics in Williamsport and in the surrounding areas of Muncy, Lock Haven, Sunbury, Wellsboro, and Coudersport will continue to be in-network for Highmark Blue Cross Blue Shield members.

To learn more about full, in-network access to UPMC doctors and hospitals, call our toll-free help line at 1-833-879-5015, or visit [UPMCSusquehanna.org/Insurance](http://UPMCSusquehanna.org/Insurance).

## Hereditary Colon Cancer Testing



Five to 10 percent of patients with colorectal cancer have a pathogenic genetic variation that increases their risk of developing the disease. **Jasneet Bhullar, MD, MS**, colorectal surgeon offers genetic screening tests for colorectal cancers. Hereditary colorectal cancer is generally divided into two types:

- 1. Lynch Syndrome** is the most common cause of hereditary colorectal cancer. About 1 in 400 people have a genetic variant which can cause Lynch syndrome. The variants can increase a person's risk of developing colorectal cancer by up to 80 percent and can also increase the risk of developing other types of cancer including: uterine, ovarian, stomach, pancreatic, and kidney cancers.
- 2. Polyposis** syndromes are characterized by the development of numerous precancerous polyps or small clumps of cells that form on the lining of the colon. The genetic variants in genes that are related to polyposis can increase the risk of cancer in the stomach, small bowel, pancreatic, and thyroid cancers.

### Genetic testing may be appropriate for patients who have:

- Colorectal cancer diagnosed before age 50
- More than one type of cancer, including colorectal cancer
- A high number (10 to 1000 or more) of precancerous colorectal polyps
- Three or more individuals on the same side of your family with cancers that may suggest an inherited cancer syndrome, such as colon, rectal, stomach, thyroid, uterine, ovarian, or pancreatic cancer

### Genetic testing may help:

- Provide an explanation of patients personal or family history of cancer
- Evaluate patient's risk of developing future cancers
- Help patients make informed medical decisions, including treatment and preventive options
- Identify other at-risk relatives for whom genetic testing is recommended

For more information or to refer a patient to Dr. Bhullar, call 570-321-3160.

## Addiction Medicine Consults

**Robert Lennie, MD**, addictionologist, is offering inpatient addiction medicine consult services at the emergency department and inpatient units at UPMC Susquehanna Williamsport Regional Medical Center to address the complex medical problems associated with substance use. Dr. Lennie, board-certified in addiction medicine, is the medical director at CleanSlate in Williamsport and at the Comprehensive Treatment Center in Watsontown. He provides consultation services for:

- Patients with substance abuse problems
- Patients in need of detoxification from alcohol, opiates, or other substances of abuse.
- Pain control for patients in substance use treatment (on Suboxone or Methadone)

Dr. Lennie completed medical school at Ross University and finished his residency in Internal Medicine at Case Western University MetroHealth in Cleveland. He sees outpatients at CleanSlate Centers at 329 Pine St. in Williamsport.

Additionally, trained Certified Recovery Specialists (CRS) are available to emergency department patients and inpatients at UPMC Susquehanna Williamsport Regional Medical Center, UPMC Susquehanna Lock Haven, and UPMC Susquehanna Muncy by calling 570-220-2764.

For a consultation call the Certified Recovery Specialists at 570-220-2764.

## UPMC Cole Expands Pain Management Services to Bradford



Phong Nguyen,  
DO



Amy Sorg, CRNP

UPMC Cole Interventional Pain Management has expanded services to Bradford, PA. UPMC Cole Interventional Pain Management will provide a comprehensive range of treatments for acute and chronic pain, individualized to patient need. Under the direction of **Phong Nguyen, DO**, board-certified specialist in interventional pain management and anesthesia, and **Amy Sorg, CRNP**, the treatment team utilizes a multidisciplinary approach to help relieve pain. The office is located at 51 Boylston St., Bradford. For more information or to refer a patient, call 814-274-5228.

## Specialty Access

Our providers in neurology, pain management, orthopaedics, and general surgery help us continue our proactive approach to improved access to care. Call today for the earliest available appointments for your patients.

**Orthopaedics** - 570-321-2020

**Neurosciences** - 570-321-2820

### Pain Management

Williamsport - 570-326-8457

Lock Haven - 570-893-5437

### General Surgery

Williamsport - 570-321-3760

Lock Haven - 570-769-1300

Muncy - 570-546-4185

Wellsboro - 570-723-0716

Sunbury - 570-286-3584

## PHYSICIAN LIAISONS



**Keith Boyer**

*Director of Business Development*

C: 570-447-5850

**boyerka@upmc.edu**



**Joseph M. Makowski**

*Physician Liaison*

C: 570-932-1265

**makowskij@upmc.edu**

Southern/Eastern Lycoming, Union, Snyder, Northumberland, Montour, and Columbia Counties.



**Erin Plocinski**

*Physician Liaison*

C: 570-367-1869

**plocinskiem@upmc.edu**

Central/Western Lycoming, Centre, Clinton, Tioga, Potter, Bradford, and Sullivan Counties.

### UPMC SUSQUEHANNA ACCEPTS MAJOR INSURANCES

UPMC accepts most major health insurances at all of our hospitals and physician offices including Geisinger Health Plan, Highmark, UPMC Health Plan, and more.

# UPMC Susquehanna

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