



Vaccination Recommendations

Primary Series

A "primary series" is the number of vaccinations needed to give the first basic immunity to a virus.

Additional vs. Booster Dose: What's the Difference?

- An additional primary dose may improve the chance of a response by a weakened immune system.
- Booster doses remind a healthy immune system to remain prepared.

- Highly recommended** - get it as soon as you are eligible
- Suggested** - may get to keep your immune system prepared

If you develop a COVID-19 infection before or while receiving your vaccination series, you should pause until you are no longer contagious* and feel well enough to be vaccinated.

**This means for most people 10-20 days since symptoms first appeared. You should wait until you feel well enough to receive the vaccine. If you are unsure when to receive the vaccine, talk with your doctor.*

Talk with your doctor if you have any questions.

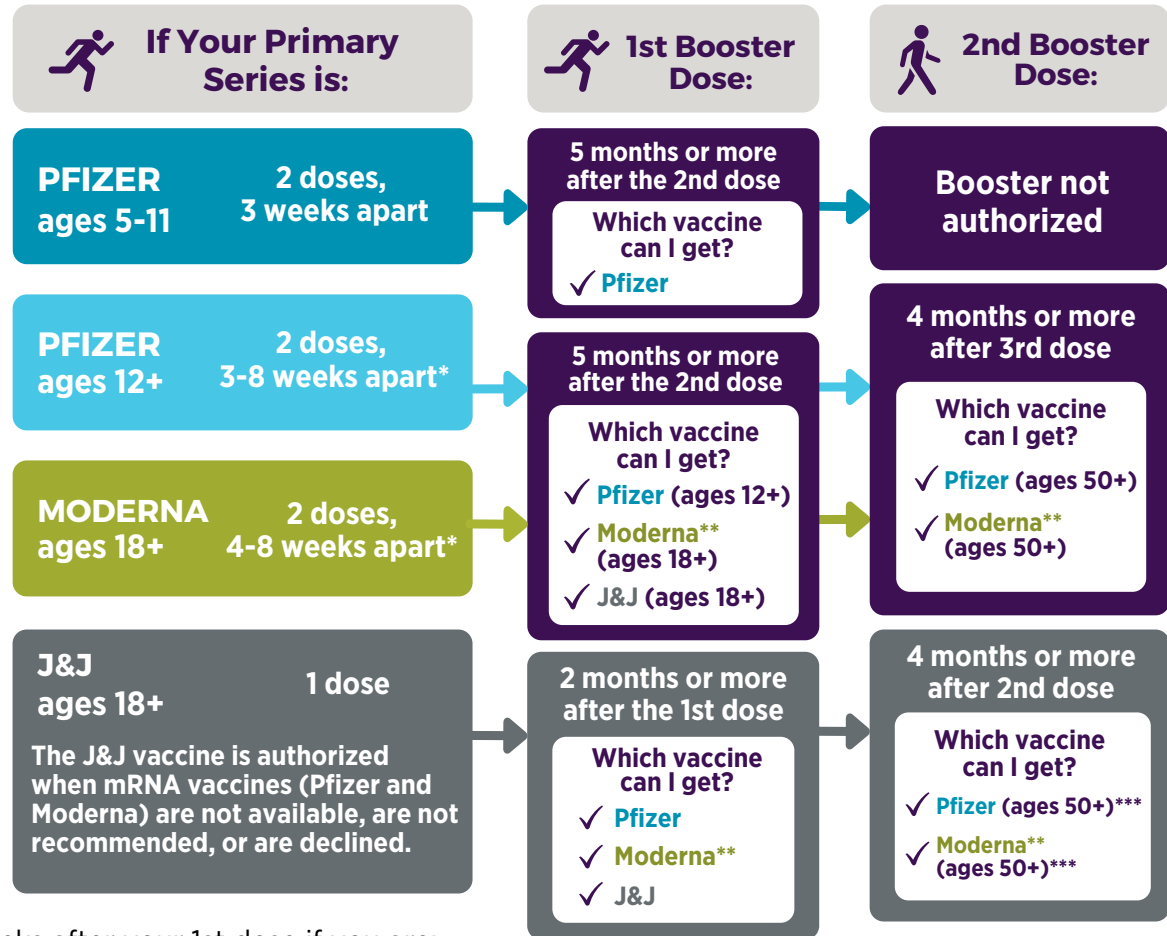
- * Recommendation is to receive your 2nd dose closer to 8 weeks after your 1st dose if you are:
 - Male aged 12-39 years to lower the rare risk of heart inflammation
 - Aged 65 or older to increase your immune response to the vaccine

Recommendation is to receive your 2nd dose closer to 3 to 4 weeks after your 1st dose if:

- You are at risk for severe illness or at high risk for exposure to the virus

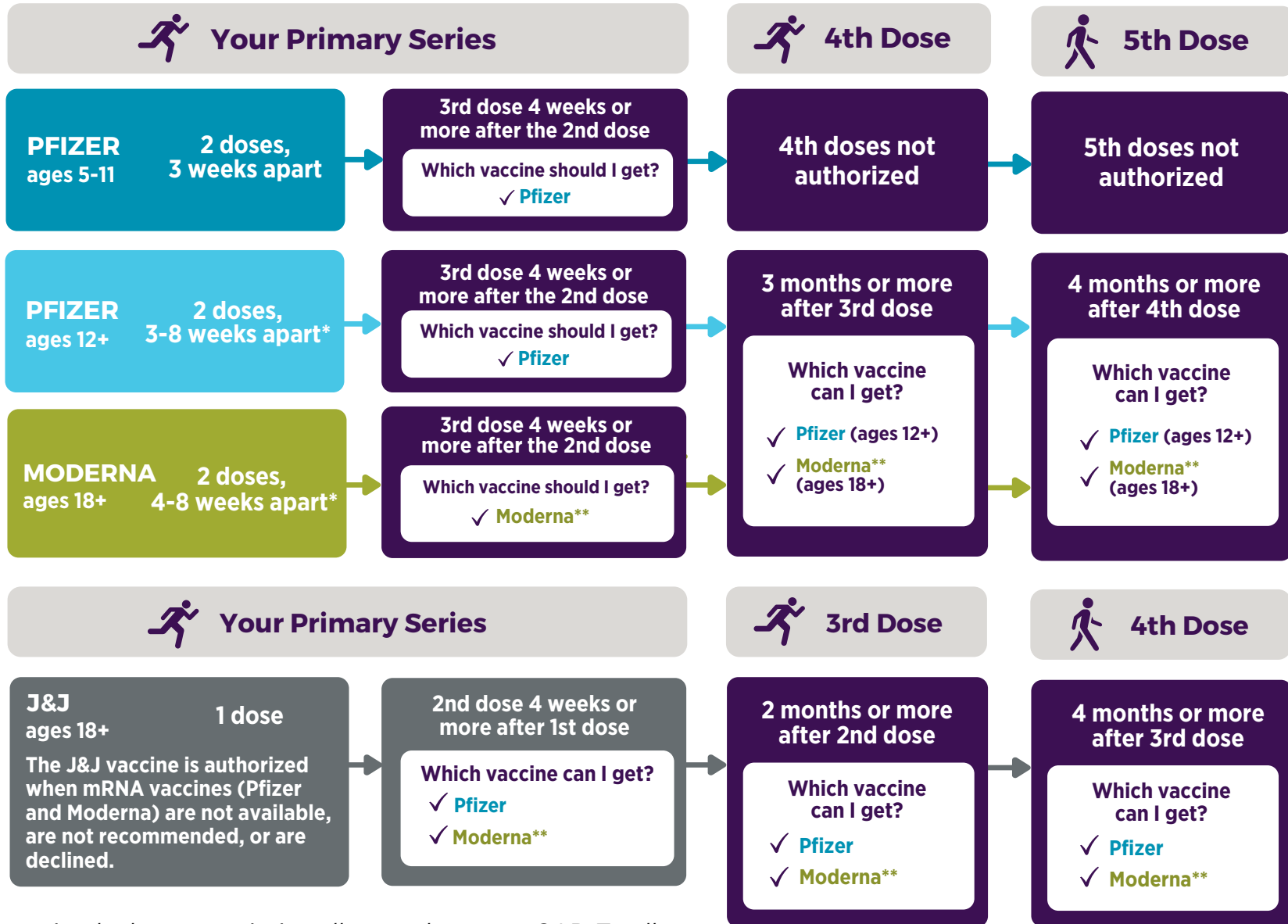
** Moderna primary series is given as a full dose (100mcg). Moderna booster doses are given as a half dose (50mcg).

*** Those ages 18-49 who received J&J for their primary series AND 1st booster dose can receive a 2nd booster dose of Pfizer or Moderna.



Continued >

Vaccination Recommendations for the Immunocompromised



Those who received a hematopoietic cell transplant, or a CAR-T cell treatment should discuss additional doses with their doctor.

*Talk with your doctor if you have any questions.

**Moderna primary series is given as a full dose (100mcg). Moderna booster doses are given as a half dose (50mcg).

To learn more, please visit Vaccine.UPMC.com.

