UPMC GME trains approximately 1,750 residents and fellows throughout the UPMC system. Our 147 accredited training programs offer diverse educational opportunities in 23 clinical departments affiliated with the University of Pittsburgh and the VA Pittsburgh Healthcare System. UPMC affiliated physicians, researchers, and University of Pittsburgh researchers rank fifth in NIH funding.

GME Wages and Benefits:
The cost of living in Pittsburgh is low, while salaries are comparable to peer institutions, including those in larger cities. (See "About Pittsburgh" on reverse side.)

GME Level | Annual Gross Salary 2016-2017
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GME Level I | $54,557.88
GME Level II | $56,178.20
GME Level III | $57,266.52
GME Level IV | $60,101.08
GME Level V | $63,427.00
GME Level VI | $64,791.48
GME Level VII | $66,966.12

UPMC Perks: Offers special considerations for UPMC Medical Education employees: Must show UPMC ID card and ask for discount up front. Follow all establishment-specific requirements exactly.

**Automobile:** Examples: New vehicle pricing at or below dealer pricing; $15 off first oil change, transmission discounts, car rental discounts, tire/battery purchase discounts

**Health Clubs:** FREE access to Trees Hall (www.tour.pitt.edu/tour-categories/main-tour?page=45) and Bellefield Fitness Center (www.tour.pitt.edu/tour-categories/main-four?page=10). Call Panther Central at 412-648-1100 to obtain a "gold card" (which all residents/fellows should be able to obtain). Residents/Fellows may get the Gold ID Card at Panther Central in Litchfield Towers.

**Other Fitness Discounts:** YMCA of Greater Pittsburgh, Climb North, The Body Bar, LA Fitness, Oxford Athletic Club and others

**Real Estate:** Cash payments on home purchases, mortgages and closing costs; discounted application fees and rental discounts

**Merchandise:** Apple, Hewlett-Packard, Microsoft Office, Weisshouse, COSTCO, jewelry, flowers, and other merchandise

**Banks:** Specified banks offer cash incentives or debit cards to open an account, free notary service, free checking, etc.

**Telephone:** Verizon Wireless or AT&T Wireless offer service discounts, and other special offers available

Pittsburgh Area Cost of Living:
According to average between websites (www.cnn.com; www.bankrate.com; www.payscale.com) based on $50,000 salary

**Pittsburgh, PA vs. National Average:**
- 8% less to live in Pittsburgh
- 41% less Housing: 105% less
- 22% less Housing: 42% less
- 22% less Housing: 42% less
- 19% less Housing: 55% less
- 8% less Housing: 32% less
- 8% less Housing: 28% less
- 3% less Housing: 11% less

Pittsburgh was recently ranked the No. 1 city to live in the Northeast by Money magazine.
Singapore, China, United Kingdom, Japan
International Locations: Ireland, Italy, Kazakhstan, the affiliated VA Pittsburgh Health System (three hospitals) St. Margaret, Western Psychiatric Institute and Clinic, and Passavant, UPMC Presbyterian, UPMC Shadyside, UPMC Mercy, UPMC Montefiore, UPMC Northwest, UPMC Hamot, UPMC Horizon, UPMC McKeesport, UPMC Womens Hospital of UPMC, UPMC Bedford Memorial, UPMC Altoona, UPMC Eye & Ear Institute, Magee-Womens Hospital of UPMC, UPMC Bedford Memorial, UPMC Hamot, UPMC Horizon, UPMC McKeesport, UPMC Mercy, UPMC Montefiore, UPMC Northwest, UPMC Passavant, UPMC Presbyterian, UPMC Shadyside, UPMC St. Margaret, Western Psychiatric Institute and Clinic, and the affiliated VA Pittsburgh Health System (three hospitals)

Additional UPMC Benefits:

Retirement Savings Plan: Residents and fellows can contribute pretax dollars to a retirement plan as soon as they are hired. They are eligible for matching funds beginning Jan. 1 or July 1 after their date of hire AND they have been paid for 1,000 hours. Match is at 50%, up to 4% of gross salary deferral for each paycheck. Vestment period for matched funds if departing UPMC is three years.

Health Insurance: UPMC Advantage Gold 90/10 EPO is fully paid by UPMC ME for both Resident/Fellow and their dependents.

Flexible Benefits: Dental, vision, life insurance available.

Housing Assistance: Website exclusive to GME participants: Buy, rent, sell homes or apartments, find roommates (www.relocate.pghdocs.pitt.edu).

Tuition Reimbursement: Residents/Fellows assistance benefit: up to $5,000/academic year tuition (University of Pittsburgh); dependent children first baccalaureate degree at 50% up to $4,000 max/year (full-time student); spouse (full- or part-time student) up to $2,000 max/year.

GME ROAR Committee: Brings together GME participants from diverse training programs into social settings. Contact GME Office.

About Pittsburgh:
America’s “Most Livable City” symbolizes regional renewal as a one-time industrial region that has become a balanced, innovation-driven economy. Over the past 25 years, the region has built a diverse economy on fundamental strengths in advanced manufacturing, digital technology, financial services, life sciences, and energy solutions. Pittsburgh is positioned to weather the global economic recession better than many of its competitor regions. Centrally located to half the population of the United States and Canada, the 10-county Pittsburgh region boasts a high quality of life and affordable cost of living. It is richly endowed with cultural opportunities, including art, theater, music, and sports. Pittsburgh is home to globally recognized companies such as Alcoa, Bayer, BNY Mellon, Carnegie Mellon University, H.J. Heinz, PNC, United States Steel, and Westinghouse, and many smaller but vibrant companies — great for “partner relocation.”

Population of the Pittsburgh metropolitan area in 2015 — 2.36 million (306,500 within city limits)

Things to Do in Pittsburgh:

Sports/Recreation:
Penguins, Steelers, Pirates, Pitt Panthers

Museums:

Outdoors/Parks:
Three Rivers Heritage Trail System, Hartwood Acres, Mount Washington, Schenley Park, Frick Park, Kayak Pittsburgh (Venture Outdoors), Point State Park, Eliza Furnace Trail (Bike Pittsburgh)

Performing Arts:
Heinz Hall, Pittsburgh Symphony, Civic Light Orchestra, The Benedum Center, Pittsburgh Ballet, Byham Theater, Cabaret at Theater Square, The Harris Theater, The O’Reilly Theater

Family Fun:

Technological Innovation:
UPMC hosts one of the most advanced simulation centers in the country, the Peter M. Winter Institute for Simulation, Education, and Research (WISER). At WISER, clinicians train in a wide variety of simulation techniques on computerized mannequins and in realistic mock scenarios, such as a bioterrorism attack or in a medevac helicopter.

Patient Care:
UPMC offers a full range of residency and fellowship opportunities. UPMC-trained physicians provide a distinctive and unequalled training experience that incorporates traditional medicine with state-of-the-art technologies, scientific advances, research, and unique learning opportunities.

Hospitals:
Children’s Hospital of Pittsburgh of UPMC, UPMC Altoona, UPMC Eye & Ear Institute, Magee-Womens Hospital of UPMC, UPMC Hamot, UPMC Horizon, UPMC McKeesport, UPMC Mercy, UPMC Montefiore, UPMC Northwest, UPMC Passavant, UPMC Presbyterian, UPMC Shadyside, UPMC St. Margaret, Western Psychiatric Institute and Clinic, and the affiliated VA Pittsburgh Health System (three hospitals)

International Locations:
Ireland, Italy, Kazakhstan, Singapore, China, United Kingdom, Japan

More Reasons to Live in Pittsburgh:

Conde Nast Traveler named Pittsburgh one of the “Top 15 Places to Go in 2015” (http://www.nationalgeographic.com/adventure/relocating/pittsburgh-pennsylvania.html)

2014 Travel Channel says it is one of the best All-American vacation cities

The No. 12 “Fun City” among the top 50 U.S. metro areas (Bloomberg)

“A Top 20 Best City for Couples” (Forbes) No. 1 “Best Place to Raise Children” in Pennsylvania (Business Week)

Among the “Top 15 Cities that Eat Smart, Be Fit” (Cooking Light Magazine)

2014 ranked No. 1 as the most livable city in the continental U.S. (The Economist)

Top 10 Unsung Cities (LA Times)