

# UPMC COVID-19 Close Contact Checklist

For Pediatric Patients



**If your child was diagnosed with COVID-19 The Pennsylvania Department of Health needs your help.** Please make a list of everyone your child has had close contact with, then contact them to let them know they should self-isolate. This list should include family members, friends, doctor's office staff or anyone else who was closer to your child than 6 feet. This list should include those in contact with your child for two days before your child had symptoms.

Ask those close contacts on this list to self-isolate at home for **14 days** from their last contact with your child. For example, if your child's close contact saw them 8 days ago, they would remain in isolation for the next 6 days. If a close contact develops symptoms during their isolation, they should contact their doctor to see if they should be tested or if they should continue to self-isolate at home.

**Someone from the State or the Department of Health may call you to ask for this information. Please keep this checklist nearby so that you can readily answer their questions.**

**Next Steps: Enter the following information, list your child's contacts and then notify them.**

1. Date your child started to feel sick: \_\_\_\_\_
2. Date two days **before** your child started to feel sick: \_\_\_\_\_
3. Date your child went into isolation: \_\_\_\_\_
4. Earliest date of the dates on line 2 and line 3: \_\_\_\_\_

Think back to what your child did and who they were in close contact with between today and the date on line 4. **Write down those contacts on the list below. Contact them to tell them your child has COVID-19.**

5. If your child went to a doctor's office and you don't remember the name of the staff that took care of them, call the doctor's office to let them know.

Date of Contact	Name (Person OR Facility)	Contact Information	Call Result (left voicemail, spoke to person, etc.)

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Date of Contact	Name (Person OR Facility)	Contact Information	Call Result (left voicemail, spoke to person, etc.)

