

UPMC Children's Hospital of Pittsburgh Division of Community Health

Family Care Connection - Fatherhood

Overview

Family Care Connection (FCC) is a strengths-based family support program of UPMC Children's Hospital of Pittsburgh's Division of Community Health. FCC's neighborhood hubs offer services, programs and activities in partnership with families to meet their needs and help children achieve bright futures.

Fatherhood

Family Care Connection offers a variety of opportunities for fathers of children, and all men, to engage in programs and services that encourage them in their roles as fathers, husbands, partners and community members. Fathers are supported in developing their strengths and skills for personal improvement, the benefit of their families, and for the healthy growth and development of their children through:

- Educational workshops
- Support groups
- Parent-child activities
- Networking events
- Home visiting services
- Community organizing
- Leadership development
- Mentoring activities

Family Care Connection's fatherhood programs respond to the unique needs of fathers while utilizing evidence-informed curricula such as Nurturing Fathers, 24/7 DAD, Dr. DAD and Batteries not Included. We also take advantage of the evidence-based Parents as Teachers curriculum to encourage healthy parent-child interactions and learning opportunities.

Impact

Father involvement is critical to children's growth and development. Children who have loving, nurturing and engaged fathers have better outcomes – they perform better in school, have higher levels of confidence, develop a stronger sense of social-emotional wellbeing, and avoid high risk behaviors such as substance use, truancy and criminal activity. Regardless of whether fathers share a home with their children, their active involvement can have a lasting and positive impact.

About UPMC Children's Hospital of Pittsburgh Community Health

Children's Hospital of Pittsburgh Community Health works together with hospital, other healthcare, and community partners to improve health outcomes, reduce health disparities, and elevate quality of life for children and families in the communities where they live, learn, work and play.