

# UPMC Children's Hospital of Pittsburgh Division of Community Health

## Family Care Connection – Home Visiting

### Overview

Family Care Connection (FCC) is a strengths-based family support program of UPMC Children's Hospital of Pittsburgh's Division of Community Health. FCC's neighborhood hubs offer services, programs and activities in partnership with families to meet their needs and help children achieve bright futures.

### Home Visiting

Family Care Connection offers home visiting services that match parents and caregivers with trained FCC professionals who work together with families to improve parental resilience, encourage social connections, provide basic needs support, increase knowledge of parenting and child development, and support children's social and emotional competence.

Home visits may include:

- Pre-and post-natal education
- Early childhood education
- Child development screenings
- Family goal planning
- Parenting skills
- Community resources and referrals

Family Care Connection's home visiting program is family-centered and utilizes evidence-based models such as Nurturing Parenting, Parents as Teachers, and Family Check-up. Home visiting staff partner closely with families to ensure the best possible outcomes for young children, parents, and entire families.

### Impact

Home visiting programs with trained professionals who deliver an established curriculum of information, skill-building, social support, and other types of assistance yield long-lasting positive outcomes in child development, school readiness, child and maternal health, and reductions in child maltreatment.

### About UPMC Children's Hospital of Pittsburgh Community Health

Children's Hospital of Pittsburgh Community Health works together with hospital, other healthcare, and community partners to improve health outcomes, reduce health disparities, and elevate quality of life for children and families in the communities where they live, learn, work and play.