

### Basic Needs Support

**2-1-1** can help anyone in the United States connect to resources in their area (not just food). Call **2-1-1** for free, private help. You can visit [pa211sw.org](http://pa211sw.org) or text your zip code to **898-211** to find help nearby.

**Allegheny County Family Centers** are community hubs where families can access resources, participate in educational programs, and connect with other children and caregivers. Call **412-350-3577** to learn more and find a family center near you in Allegheny County.

To find info online, place your smart phone camera over this QR code and click the link provided →



### Emergency Food Resources

**Emergency Food Assistance (EFA)** is for families who need food. Contact the Urban League of Greater Pittsburgh to get food by the next day. A family can get this service once a year. They will help you find a local food pantry: **1-866-395-3663**.

**Pittsburgh Community Services, Inc.** has emergency food for Pittsburgh residents. Call **412-904-4718**.

### National Programs

**SNAP** (was called Food Stamps) is a government program for individuals and families who need help buying food. You may qualify based on your household size and income level. To find out more, **Just Harvest** can help you for free. Call at **412-431-8960 x 602** or visit them at 16 Terminal Way, Pittsburgh PA 15219. To apply online, go to the COMPASS website:

<https://www.compass.state.pa.us/compass.web/Public/CMHome>

**Women, Infants, and Children (WIC)** is a government program. You may qualify based on income. The program gives funds to pregnant women and households with young children. To find out more in Armstrong, Beaver, Butler, Indiana, and Lawrence counties, call Adagio Health at **1-866-942-2778**. For Allegheny County information, call **412-350-5801**. You can also visit

<https://www.pawic.com/FindWICClinics.aspx>

### Resources – Western Pennsylvania

**Produce to People** is a food program that gives foods like fresh fruits and veggies. It visits different neighborhoods during the month. Call **412-460-3663** or visit

<https://www.pittsburghfoodbank.org/what-we-do/food-to-people/produce-people-p2p/>

**Food for Early Development (FED)** helps families who do not get help from WIC. They can give baby formula, soft foods, diapers, bottles, and wipes. Call the Urban League at **1-866-395-3663**.

\***BigBurgh** is a website that can show you where to find help. It can help you find healthcare, free events, food, shelter, and more. [www.BigBurgh.com](http://www.BigBurgh.com)

\***The Green Grocer** brings fresh fruits and vegetables to communities around Pittsburgh. They also accept SNAP/EBT. Call **412-460-3663** or visit <https://www.pittsburghfoodbank.org/what-we-do/food-to-people/green-grocer/> to find out if the Green Grocer comes to your neighborhood.

\***Farmers Markets** take place in Allegheny County. You can also use SNAP/EBT here. To find out more, visit <http://www.justharvest.org/fresh-access/> or call **412-431-8960**.

\*These resources are specific to Allegheny County

Western Pennsylvania Food Bank Information

**National Resource:** Feeding America <http://www.feedingamerica.org>

- Click on "Find a Food Bank," put in *any* state and zip code, and see results for food banks near you.

**Regional Food Bank List:**

- Sites may provide other services including assistance with housing and transportation, though services may vary depending on location.
- Income requirement to qualify for services, though families may be eligible due to loss of job/income.

<b>Food Bank</b>	<b>Address</b>	<b>Phone</b>	<b>URL</b>
Greater Pittsburgh Community Food Bank (Allegheny County) *Link to other food banks and programs *Emergency food distribution *Assistance with SNAP	1 North Linden St. Duquesne, PA 15110	412-460-3663	<a href="http://www.pittsburghfoodbank.org/gethelp">www.pittsburghfoodbank.org/gethelp</a>
Second Harvest Food Bank of Northwest PA *Serves 11 counties in NW PA	Multiple locations	814-459-3663	<a href="https://nwpafoodbank.org/need-help/agency-locator/">https://nwpafoodbank.org/need-help/agency-locator/</a>
Greater Washington County Food Bank	909 National Pike West Brownsville, PA 15417	724-632-2190	<a href="http://www.gwcfb.org">http://www.gwcfb.org</a>
Fayette County Community Action Food Bank	119 North Beeson Ave. Uniontown, PA 15401	724-437-6050	<a href="http://fccaa.org/">http://fccaa.org/</a>
Indiana County Community Action Program, Inc.	827 Water Street Indiana, PA 15701	724-465-2657	<a href="http://www.iccap.net/">http://www.iccap.net/</a>
Armstrong County Community Action Agency	705 Butler Road Kittanning, PA 16201	724-548-3408	<a href="http://www.armstrongcap.com">http://www.armstrongcap.com</a>
Food for Families (St. Vincent DePaul) *Altoona-Johnstown area	945 Franklin Street Johnstown, PA 15905	814-535-3315	<a href="https://www.svdpcares.org/">https://www.svdpcares.org/</a>
Corner Cupboard Food Bank	881 Rolling Meadows Road Waynesburg, PA 15370	724-627-9784	<a href="http://cornercupboard.org/">http://cornercupboard.org/</a>
Westmoreland County Food Bank	100 Devonshire Drive Delmont, PA 15626	724-468-8660	<a href="https://westmorelandfoodbank.org/">https://westmorelandfoodbank.org/</a>

Resources – West Virginia

**House of the Carpenter II** is a food pantry in Marshall County, West Virginia. The pantry is open every **Wednesday from 9:00 AM to 11:30 AM**. Each family can get food every 4 weeks. They also have clothing available. Each family can come in for clothing every week. Visit them at [hocii.org](http://hocii.org) or call **304-221-9510**. They are located at **601 Jefferson Ave, Moundsville, WV 26041**

**Faith in Action, Inc.** is a food pantry in Keyser, West Virginia. The pantry is open **Tuesday to Friday from 1:00 PM to 3:00 PM**. For more information call **304-788-5331**. They are located at **71 James Street, Keyser, WV 26726**.

**No Hunger Food Pantry** is located in Ravenswood, West Virginia. They are open **Tuesday to Friday from 1:00 PM to 4:00 PM**. For more information call **304-512-7309**. They are located at **231 Walnut Street, Ravenswood, West Virginia 26164**.

Resources – Ohio

**Akron-Canton Regional Foodbank** offers food resources to residents of Eastern Ohio counties: Carroll, Holmes, Medina, Portage, Stark, Summit, Tuscarawas, and Wayne. They also help residents apply for SNAP benefits. For more information, call **855-560-0850** or visit <https://www.akroncantonfoodbank.org/need-food>

**Freestore Foodbank** offers support to individuals and families in the Greater Cincinnati area. They have food banks and other food resources available. Their help center is located at **112 East Liberty Street, Cincinnati, OH 45202**. Staff is available **Monday through Friday from 8:00 AM to 3:00 PM**. For information call **513-241-1064** or visit <https://freestorefoodbank.org/get-help/>

The **Greater Cleveland Food Bank** has food resources for people in the Greater Cleveland area. They have food banks in the area. They also help people apply for SNAP. You can visit their help center at **15500 S. Waterloo Road, Cleveland, OH 44110** on **Monday through Friday 9:00 AM to 5:00 PM**. For food bank locations and other information call **216-738-2067**.

**The Foodbank** of Dayton, Ohio provides food resources for families in need in the Miami Valley. They offer healthy food programs for children. For more information about pantries and services, call **937-461-0265** or visit <https://thefoodbankdayton.org/>

The **Shared Harvest Foodbank** is located in Fairfield, Ohio. They have food banks and other food services for people who need it. They have locations in **Drake County, Miami County, Peeble County, Warren County, and Butler County**. Call **513-874-0114** or **800-352-3663** for more information.

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