

## Idarubicin (Idamycin)

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### About This Drug

Idarubicin is used to treat cancer. It is given in the vein (IV).

### Possible Side Effects

- Bone marrow suppression. This is a decrease in the number of white blood cells, red blood cells, and platelets. This may raise your risk of infection, make you tired and weak (fatigue), and raise your risk of bleeding.
- Nausea and throwing up (vomiting)
- Pain in your abdomen
- Diarrhea (loose bowel movements)
- Soreness of the mouth and throat. You may have red areas, white patches, or sores that hurt.
- Abnormal bleeding – symptoms may be coughing up blood, throwing up blood (may look like coffee grounds), red or black tarry bowel movements, abnormally heavy menstrual flow, nosebleeds, or any other unusual bleeding.
- Infection
- Fever
- Headache
- Changes in your mental status
- Trouble breathing
- Hair loss. Hair loss is often temporary, although with certain medicine, hair loss can sometimes be permanent. Hair loss may happen suddenly or gradually. If you lose hair, you may lose it from your head, face, armpits, pubic area, chest, and/or legs. You may also notice your hair getting thin.
- Rash

**Note:** Each of the side effects above was reported in 20% or greater of patients treated with idarubicin. Not all possible side effects are included above.

### Warnings and Precautions

- Skin and tissue irritation including redness, pain, warmth, or swelling at the IV site if the drug leaks out of the vein and into nearby tissue. Very rarely it may cause tissue necrosis (death).
- Severe bone marrow suppression, which can lead to life-threatening complications such as severe infection and/or bleeding.

- Changes in the tissue of the heart and congestive heart failure, which can be life-threatening. These changes can cause your heart to have less ability to pump blood. You may be short of breath. Your arms, hands, legs, and feet may swell.
- Tumor lysis syndrome: This drug may act on the cancer cells very quickly. This may affect how your kidneys work.

**Note:** *Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.*

## Important Information

- This drug may be present in the saliva, tears, sweat, urine, stool, vomit, semen, and vaginal secretions. Talk to your doctor and/or your nurse about the necessary precautions to take during this time.
- Urine color may be slightly orange or reddish for several hours after you get this drug. This will slowly go away within one to two days.

## Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- To decrease the risk of infection, wash your hands regularly.
- Avoid close contact with people who have a cold, the flu, or other infections.
- Take your temperature as your doctor or nurse tells you, and whenever you feel like you may have a fever.
- To help decrease the risk of bleeding, use a soft toothbrush. Check with your nurse before using dental floss.
- Be very careful when using knives or tools.
- Use an electric shaver instead of a razor.
- Drink plenty of fluids (a minimum of eight glasses per day is recommended).
- If you throw up or have diarrhea, you should drink more fluids so that you do not become dehydrated (lack of water in the body from losing too much fluid).
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your nurse or doctor about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- Mouth care is very important. Your mouth care should consist of routine, gentle cleaning of your teeth or dentures and rinsing your mouth with a mixture of 1/2 teaspoon of salt in 8 ounces of water or 1/2 teaspoon of baking soda in 8 ounces of water. This should be done at least after each meal and at bedtime.
- If you have mouth sores, avoid mouthwash that has alcohol. Also avoid alcohol and smoking because they can bother your mouth and throat.
- If you have diarrhea, eat low-fiber foods that are high in protein and calories and avoid foods that can irritate your digestive tracts or lead to cramping.
- Ask your nurse or doctor about medicine that can lessen or stop your diarrhea.



- Keeping your pain under control is important to your well-being. Please tell your doctor or nurse if you are experiencing pain.
- To help with hair loss, wash with a mild shampoo and avoid washing your hair every day.
- Avoid rubbing your scalp, pat your hair or scalp dry.
- Avoid coloring your hair.
- Limit your use of hair spray, electric curlers, blow dryers, and curling irons.
- If you are interested in getting a wig, talk to your nurse and they can help you get in touch with programs in your local area.
- If you get a rash do not put anything on it unless your doctor or nurse says you may. Keep the area around the rash clean and dry. Ask your doctor for medicine if your rash bothers you.

## Food and Drug Interactions

- There are no known interactions of idarubicin with food.
- Check with your doctor or pharmacist about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known drug interactions with idarubicin. Also, check with your doctor or pharmacist before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.

## When to Call the Doctor

Call your doctor or nurse if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Headache that does not go away
- Confusion
- Trouble breathing
- Feeling that your heart is beating in a fast or not normal way (palpitations)
- Pain in your chest
- Easy bleeding or bruising
- Blood in your urine, vomit (bright red or coffee-ground), and/or stools (bright red, or black/tarry)
- Coughing up blood
- Tiredness that interferes with your daily activities
- Feeling dizzy or lightheaded
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- Throwing up more than 3 times a day
- Diarrhea, 4 times in one day or diarrhea with lack of strength or a feeling of being dizzy
- Pain in your mouth or throat that makes it hard to eat or drink
- Pain in your abdomen that does not go away
- Swelling of your arms, hands, legs, or feet



- Weight gain of 5 pounds in one week (fluid retention)
- While you are getting this drug, please tell your nurse right away if you have any pain, redness, or swelling at the site of the IV infusion.
- New rash and/or itching
- Rash that is not relieved by prescribed medicines
- Signs of tumor lysis: confusion or agitation, decreased urine, nausea/vomiting, diarrhea, muscle cramping, numbness and/or tingling, seizures
- If you think you may be pregnant or may have impregnated your partner

## Reproduction Warnings

- **Pregnancy warning:** This drug can have harmful effects on the unborn baby. Women of childbearing potential should use effective methods of birth control during your cancer treatment and for at least 6.5 months after treatment. Men with female partners of childbearing potential should use effective methods of birth control during your cancer treatment and for at least 3.5 months after treatment. Let your doctor know right away if you think you may be pregnant or may have impregnated your partner.
- **Breastfeeding warning:** It is not known if this drug passes into breast milk. For this reason, women should not breastfeed during treatment because this drug could enter the breast milk and cause harm to a breastfeeding baby.
- **Fertility warning:** In men and women both, this drug may affect your ability to have children in the future. Talk with your doctor or nurse if you plan to have children. Ask for information on sperm or egg banking.

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